Attributes of Those Who Have Not Retired Well  
(Check all that concern you)

- □ Lack of challenges
- □ Boredom
- □ No (or not enough) hobbies
- □ No social network
- □ Marital strain
- □ Trouble adapting
- □ Feeling isolated
- □ Loss of identity
- □ Intellectual decline
- □ Lack of structure
- □ Upended plans
- □ Health issues
- □ Loss of spouse or partner
- □ Not enough savings
- □ Fear of spending money

Attributes of Those Who Have Retired Well  
(Check all that you’ve observed)

- □ Active bucket list
- □ Community engagement
- □ Robust network
- □ Active social life
- □ Work (at least part-time)
- □ Fulfilling hobbies
- □ Routines
- □ Purpose-driven activities
- □ Well thought-out plan
- □ Positive family relationships
- □ Coaching/mentoring
- □ Physical activity
- □ Supporting a cause
- □ Having enough savings
- □ Still challenging self

Directions: Below are the attributes you have witnessed in those who have retired well and those who have not. In column one, choose the attributes that concern you; in column two, choose the attributes that you’ve observed.